



SOCIAL DISTANCING

What is social distancing?

Social distancing requires everyone - children and adults - to stay six feet (two metres) apart at all times. If you can reach out to touch someone, you are too close. Depending on government restrictions and guidelines this may change.

Children Inside

- Reduce the number of children as much as possible.
- Do not have children sitting next to each other – they must have at least one/two spaces between them. Tables may need to be moved to accommodate this.
- Do not sit children in close groups.
- Children to have their own set of equipment for the activities (arts&crafts and games) to avoid sharing.
- Children are not to bring belongings into the main activity space. Reading diaries, PE kits and bags to remain in a separate space.
- Stagger the use of cloakrooms and bag storage spaces – do not have more than 2 children in the space at one time.
- Obviously, handwashing remains vital yet do not line children up to wash their hands and do not have children standing in groups to wash their hands. Stagger the children: One at the sink whilst a child stands back to lather up soap.
- Do not keep water bottles all together in the same place. Allow children to have their water bottles on their table with them or keep distance between bottles on the sidelines.
- There must be no physical contact between the children and between the children and adults. No hugging, hand holding etc. As this is hard to manage, especially with younger ones, if physical contact takes place, wash hands immediately after and remind the children.
- No lining up at any time in close proximity. If children need to be organised in a line, they must be at least 2 metres between each other.
- When leaving the classroom or activity area, dismiss children in a staggered manner – walking out with clear gaps between each other.
- When children go to the toilet, they must not go in if there is already a child in there.
- Children should only leave class to go to the toilet.

Outside

Start and end of the service:

- Staggered drop off – our drop off times will be larger so children can enter into our care in waves and so that there are not large numbers of adults and children waiting in the waiting area. For TayDay the collection will be staggered by the school, and if not then we will do so.

Dismissing at the end of the day:

- In all waiting areas, signs to advise parents to stand at safe distances apart from each other.
- Children to dismiss as usual, ensuring there are large gaps between children.
- Parents will wait to collect in a distanced manor so that a safe handover can occur.
- For TayDay, parents will not enter the building and will wait at the main centre entrance. Following this a member of staff will operate the child handover from inside of the centre.



Playtimes:

- Where possible, minimise the number of children on the playground at any point.
- Use the school field if it is dry and there is appropriate adult supervision.
- Equipment should not be used outside due to risk of passing on germs.
- Suggested games:
 - hide and seek
 - skipping (adults to hold rope)
 - use twigs etc to create natural pictures
 - number games using grids on playground
 - hopscotch
 - Golden Mile
- Although it may be hard to manage, all games to be played with children cannot involve close proximity.
- If children want to chat during playtime, they can stand apart from each other or can sit at picnic benches but not opposite from each other – sit diagonally to increase space between them. 2 children per bench.
- Stagger entry back into school

Lunchtimes:

- Do not line up children closely – line up with arm reach gap.
- Children to sit with spaces either side of them and nobody opposite them. (Children will be sat diagonally down the table, like a zig zag).

Staff

- In the staff areas, do not sit or stand in close proximity – follow guidance of 2m distance.
- You may wish to use your own mug/flask which you wash immediately after use.
- Don't leave dishes on the side – these must be immediately put in the dishwasher or washed by hand.
- Don't enter communal toilets area at the same time.
- If you work in an office, ideally work in separate offices or in an office with 2m spaces between adults.
- Wash hands on arrival and departure of building as well as throughout the day at key times.
- Have anti-bacterial wipes/cleaning products and hand sanitizer available at all times
- If you have used the phone, wipe it down after use and wash your hands.
- Leave doors hooked open (where possible keeping in line with fire regulations) so that children and adults are not continually touching them and can move freely through them.
- Only use the computer in the area in which you are working in that day.
- With the exception of staff area and toilets, where possible, stay within the room in which you are working and not going into numerous rooms within the school/centre.
- If meetings are required (such as briefings), sit with sufficient space between each other.
- If any discussions can be done by phone, instead of face to face, do so.
- If parents and staff wish to discuss anything, this should be done by phone.
- Although we want to support each other as always, refrain from physical contact such as hugging or hand shaking etc.



Reminder from www.gov.co.uk

There are general principles you can follow to help prevent the spread of respiratory viruses, including:

- *washing your hands more often - with soap and water for at least 20 seconds or use a hand sanitiser when you get home or into work, when you blow your nose, sneeze or cough, eat or handle food*
- *avoid touching your eyes, nose, and mouth with unwashed hands*
- *avoid close contact with people who have symptoms*
- *cover your cough or sneeze with a tissue, then throw the tissue in a bin and wash your hands*
- *clean and disinfect frequently touched objects and surfaces in the home*

If you have a continuous cough and/or fever, inform school immediately.